

# The Star Report

Essentials for  
Healthy Living  
[www.vitalhealthline.com](http://www.vitalhealthline.com)

STAR MOREE, GOLD: HELPFUL INFORMATION FOR YOU AND YOUR ORGANIZATION VOL: 8 ISSUE: 3

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\* Book Order Form

<http://>

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## Going for Your Dreams... Even if it's Scary!

*In June, I had the amazing opportunity to experience Ecuador, "Young Living Style!" This was a life changing time for all of us that had the chance to go. We were able to meet many of the children at the Young Living Academy, spend time at the Young Living farm and even tour the Nova Vita Research Clinic! It had been on my dream list to visit Ecuador, but I was always a bit unsure about going to a different country. The history of civil unrest in that area of the world, always made me think twice. I am a Mom of two young children. A good Young Living friend, Karla Berger had been living in Ecuador and we had talked about her amazing experiences there so that gave me the extra push to seriously consider it! Also, knowing that so many other Young Living members were going, made the decision a bit easier to just "GO FOR IT!"*

*This coincided with a very busy time for my family. My husband and son would be in Canada for Hockey and my daughter needed to go to Minnesota for figure skating, plus school was just getting out for the summer. On top of that, we were making plans to return to Minnesota for the next school year! Somehow, we made it all work so that I could go! I don't think I have ever done that much traveling and juggling in a 10 day time period: Washington...to...Minnesota ...to Ecuador... back to Minnesota.. host a Young Living event then ...back to Washington!*

*The experience left me in deep appreciation for all that Mary and Gary Young do for us. Gary is an amazing person with great vision. He was able to Envision the farm in all of its current beauty, while standing on the hills of this undeveloped jungle six years ago. With the help of the farm hands, Gary was able to construct a Spa building in one week so that all of us would be able to enjoy Essential Oil Massages, Raindrop Technique and Floral Water Jacuzzi Baths while visiting the farm! We were able to pick Ylang ylang flowers and plant more Ylang ylang trees right before our pampering! WOW!*

*Visiting the children at the Young Living Academy was wonderful. I thought I would cry the whole time. The happiness in the children's eyes as our tour bus pulled up cleared away any thoughts of crying! I get emotional very easy! I used to cry watching Lassie, Bambi and Boomer. If someone cries, I cry. When Gary gets teary... I cry. I forgot my camera so I bought a disposable one. I was so amazed by all the things the students were doing and the musical performance they put on for us that by the time we got to the farm I only had a few shots left. I really will never need those pictures since their sweet little faces will be imprinted on my heart for a lifetime!*

*The experience really helped me appreciate how precious life is and that we shouldn't forget about our dreams even if they seem a bit scary! That is why we have friends... to help hold our hand, say a prayer and give thanks for all we have! We hope you enjoy the summer issue of the Star Team News and we thank all those that have contributed to its success!*

Sincerely,  
Star Moree

# Be an Attractive Leader!

\_by Mary Marsh, Phd

## How to Attract People to You and Become a Leader

**Y**ou are attracted by stories – it seems almost inborn. Story telling is how information was passed on for generations and each of us enjoys hearing a good story. Having a story is recommended for building a business, writing a book, writing an article, and many other things. As a writer I have found it difficult and kind of put it off as annoying and something else to do. I just want to give you the facts dang it! However, I know I prefer to read things that tell a story so I am learning.

So what is your story? Who are the people that you relate to? What changes in your life have you been able to overcome that other people struggle with? What are their beliefs, desires, and feelings? Identifying with a group of people that have had a similar experience with you helps you to know the answers to those questions and people feel comfortable with you. For example, when my Dad died many years ago I wanted to be around people who had also lost their Dad. I thought if you still have your Dad you have no idea how I feel, so don't tell me you do.

So what have you overcome in your life? Relationship issues, health issues, or financial issues, whatever they are there are people out there looking for help with exactly the same problems. Like if you have had cancer you have a pretty good idea what is going on with those that have it now. Mothers of small children can identify with other mothers, those who have been broke and now have money, or for me personally it has been food and sugar addictions for years. I know those people.

**Beliefs:** What do they believe? There isn't much hope, I just can't help myself. It is useless. I am an addict and that is all there is. Any product they find like Young Living is viewed with suspicion.

**Desires:** What do they want? What are their goals? What change in their life do they want that Young Living can help them achieve? They want hope. They want to know that they can live a normal life and have a normal relationship with food – not to always be on a diet or binging because they are going to start a diet on Monday! I can share how various Young Living products have worked for me.

**Feelings:** How do they feel? How do those feelings apply to what Young Living can do for them? There are feelings of guilt, shame, hopelessness, and fear. They feel out of control and don't know what to do about it. They feel people will look down on them if they knew what really went on behind closed doors, so there is a lot of secrecy. I can share how it feels to finally feel in control of food instead of the other way around.

When you know something about the people you want to attract it is easier to put together class fliers, newsletters, articles, and information. As you tell your story to people be sure to share those beliefs, desires, and feelings so people are attracted to you. They like being around you because they know you know what it's like and if you can do it, maybe there is hope for them as well!

You feel more confident because you are talking from experience. Confidence attracts people. Put your story together including the beliefs, desires, and feelings at the time of your struggle. Then go help people with that same struggle and you will help many people. That's part of being a great leader!



*Mary is currently updating her book that was first printed in 2007, "Simply Natural ~ Natural Health Made Easy." Filled with 90 ways to be the healthy, happy person God created you to be!*

*New edition release scheduled for this fall.*

# ...Biggest Gainers ♦ Go For Your Dreams

## Supplemental Success Stories!

I started in January on my own, then I did the **5 day Cleanse**. All my body pain was gone (inflammation). I felt like I was 25 again. At the end of the 5 days, the 5 day Cleanse gave me the strength to detox and stay on my lifestyle change of eating no fast food, no bread, no dairy. After my 5 days I used **NingXia Red, Omega Blue, Longevity and Life 5**.

My family doctor can't believe my loss in 5 or 6 months. A strong mind set helps. I started walking and doing tai chi and qi gong again. A positive mind set plus good eating habits, tai chi, walking and qi gong. I went from size 44 to 38 and hope to get into a size 36 soon. Its been 25 years since I wore this size. I now wear the same size as my 32 year old son. As cleansing goes I think most are laxative based. Young Living is nutrient based. I sell Young Living. What a team!

If you want another story... my son Brian started the 5 day cleanse this week -June 6th-11th. He 32 years old. He has a semi pro football team. He still plays. He is keeping track of his weight. I was talking to him today and he would be willing to tell his story.

**Thanks again!**

**Kevin Kelly, St. Belvedere, IL**

## Be a Product of the Product

It was hard to narrow down my testimonial to just 'one' product because Young Living has taught me how to enhance my entire life for over three years now. Since Christmas I have been working on building my body to be more fit. I turned 44 this year and decided since I feel great health wise with the use of Young Living and with the products available, I was going to start working on my outer body. Not knowing if that was even possible, after having four children and hearing everyone say that child birth was the reason for their extra bulge, I wanted to rid myself of this extra fat. My first step was to try the cleanse and it is not difficult once you set your mind to it. Since completing this I now have a morning ritual of yoga and NingXia Red, followed by my Core Supplements. Since the holidays I have lost about 10 pounds, but I have also got my flat stomach back and built muscles in places I never knew could be toned. Yes, I still use my oils daily for the aches and pains, but I have also kept my family out of the doctors office for three years other than Well Child visits. It's fun to break out my desk reference to find an answers for the ailments that afflict the people I love the most.

**Karla Scapanski, Sauk Rapids, MN**

*I started my 5 Day Cleanse on Wed., Feb. 23rd, 2011. I decided as long as I am cleaning out my body I would go off my Antidepressant, so I did. (I hadn't been real regular in taking them for a few years, so my body was used to being without it for several days at a time already). I also decided to start the Core Essentials Complete Program right after my cleanse. I have been using PPS since Dec. and I use Joy over my heart on some days. I use Frankincense with Grape seed oil as my facial moisturizer. These are the main things I do regularly right now, and here is what has changed in my life!*

- I have to say, my life has changed 100%!*
  - I have so much energy now, I no longer watch any TV (I was to the point of watching 5 hours most nights).*
  - I sleep so good, that I need 2 hours less sleep a night. And when I wake up in the morning I am ready to start my day, no more wishing I could just stay in bed.*
  - No more night sweats (yippee), I sometimes get up once a night to go to the bathroom (much better than 2-3 times) and I am able to get right back to sleep.*
  - I am a much happier person, little things do not bother me, things people do I can now say "oh well, we all make mistakes." My 14 year old daughter has even commented on my moods. My 17 year old son has been much more pleasant to be around also (guess I wasn't very fun for him to be with, so he is happier too).*
  - I have a sex drive again!*
  - I am actually taking a Bootcamp Exercise class once again, something I haven't done for many years. I take hot baths afterward with my Pan Away Bath Soak & have had very few soar muscles.*
  - My skin is so nice now, I had a history of picking at my skin and scarring from it. My face is all cleared up and looks fabulous, even the scarring is lightening. People have noticed this too.*
  - I have lost 10 pounds: 5 during the cleanse and 5 more since!*
  - I love my life! This was a very difficult thing to say just 6 weeks ago!*
- I have to say my life has truly been blessed by Young Living Products and Young Living people. Thank you so much!*

**Lisa Witt, Mankato, MN**

# Summer Stories from your Oil Friends

**Lori Kay Thuestad**  
Elburn, Illinois

In the fall of 2009 (I was brand new to Young Living) my girlfriend called to tell me that her dog, Sadie was diagnosed with **Mast Cell Tumors**. The veterinarian had done extensive testing to determine whether the cancer had gone into Sadie's organs, or was still only manifesting as skin lesions. Fortunately, it was skin lesions only. Sadie is an Australian Cattle Dog and at the time, not quite 5 years old. Sadie was a very special girl, my friend's "Angel Dog." The only thing she had left after her fiance passed away.

My friend scheduled surgery to have 6 Mast Cell tumors removed from Sadie's skin. By the vet's own language, the surgery was extremely aggressive and Sadie came out minus 6 mast cell tumors and one ear. The recovery was long and hard. Sadie wore an e-collar for nearly 8 weeks. My friend nursed her religiously and she finally healed and got back on her feet.

Sadly, within just a few weeks Sadie had two new tumors. My friend was devastated. She did not want to put Sadie through another horrible surgery and recovery process, nor could she afford it. She was still paying off the first procedure. She called me in tears, broken-hearted and devastated.

At this point, as I said, being very new to Young Living, I listened to my inner voice and took a leap of faith. I asked my friend if she would be willing to try an alternative treatment, knowing there would be no painful surgery and no side effects. I took my friend a bottle of **Frankincense** oil and told her to put one drop on each tumor morning and evening. I instructed her not to massage, just let the oil soak in by itself. She lifted Sadie onto her lap, cradling her like a baby and dropped the oil on the lesions. Within minutes Sadie was sound asleep.

My friend applied the **Frankincense** faithfully. Twice a day Sadie lay in her lap like a 45 lb. baby. About 8 weeks later she called me, elated. The tumors had completely disappeared! A follow up visit to an astonished vet confirmed that Sadie was cancer free. As of today, Sadie continues to thrive and the vet has used **Frankincense** for some of her other patients instead of surgery.

This was a life changing catalyst for me! I jumped in with both feet and have been using the oils on my animals ever since. My Flicka girl was having sporadic seizures and my vet wanted to put her on phenobarbital. I declined. Instead, when Flicka felt a seizure coming on she would run to me and I would apply **Valor, Lavender, Peace & Calming, and Joy**. Her seizures went from nearly 8 minutes duration to less than 2 minutes, and she has now been seizure free for nearly a year!

**Nancy Stalboerger**  
Melrose, MN

I just wanted to tell you the amazing testimonial on **Copaiba**. I have had a **rash** under both of my arms and have tried everything. I tried the lavender, nope that didn't work this time. I tried melaleuca alternifolia and that didn't work, but there is one more that I didn't try yet and that was **Copaiba**.... what a great oil. I used it and applied it 3 times daily and its **GONE!** Only took a week and no sign left.

**Melissa Reiland**  
Sauk Rapids, MN

**Blister:** I was raking the yard and noticed that I was getting a blister between my thumb and pointer. I put **Lavender** on it 2 times a day for two days and never got a blister.

**Allergies:** I drink 1-2 oz of **NingXia Red** every morning. I also put **Lavender** along my forehead and follow down my hair line 1-2 times a day depending on how severe the allergies seem to be for me. My allergies are better then ever before! I can breath and no more itchy eyes and nose.

**Peppermint:** My son had a baseball tournament and it was **extremely hot and humid**. I put water and 6 drops of peppermint in a 16 oz spray bottle and sprayed the back of their necks, backs and forearms. It cooled them down and gave them more energy!

**Wheezing:** My friend's son was wheezing and she put **Thieves** on the bottom of his feet then applied lotion and he immediately stopped wheezing!

**Clogged tear duct:** One of my day care children had a clogged tear duct. The doctor said if it's not cured by itself she would have to have surgery in about 3 months. Her mom put **Lavender** on starting on the top of her nose going down to her cheek bone under her eye. She did it once a day for 5 days and it was all cleared up!

**Peppermint:** My son's favorite oil! If he gets **tummy aches, diarrhea or constipation** from eating too much, he asks for peppermint oil. I put a little olive oil in my palm with 2 drops of peppermint oil and rub it on his tummy. In no time at all his tummy is better and he's off playing.

These stories were submitted for educational purposes. They are not meant to diagnose, treat or prescribe. Always seek support from a health care professional for emergencies and critical care. Individual results will vary.

# Essential Oils to the Rescue

I am attaching the pictures of my **17 months old grandson that burned** himself on 06/13/2011 with a hot cup of tea getting second degree burns. Matthew spent 6 days in the hospital in the intensive care unit. I made a mix of oils in a 2" bottle of water with **15 drops of Lavender, 15 drops of Roman Chamomile, 10 drops of Helichrysum, and 5 drops of Melaleuca ericifolia**. We sprayed his face every 2 - 3 hours with this mix. I am attaching the pictures. The dates of taking the pictures are the names of the pictures. This has been a very traumatic period for me and my daughter's family. I am very grateful for the oils.

**M**y friend Elizabeth organizes Young Living presentations in her house. She invited 7 of her friends for so they could experience first hand **the amazing powers of the Young Living oils**. She lives about 50 miles away from me, and I was running a little late. The traffic was terrible as it was Friday night, so I called to apologize for my late arrival. Elizabeth answered the phone, and I knew something was wrong. Her voice was weak and broken-up. She told me that she is **very sick, having a migraine headache, being dizzy, and extremely weak**. She disclosed that all her friends were waiting for me in the living room, but she is in bed and will not be able to join us, as she is too weak to even sit behind the table. I asked if she could withhold from taking any medicine until I arrived and she agreed.

When I arrived Elizabeth was laying in bed, pale white as a paper. She couldn't even open her eyes, as her pain was too great. I took my oils out. I applied **Valor** on her feet first, then **PanAway, Helichrysum, Frankincense and Peppermint**. As I finished the application, to her surprise she opened her eyes!

Then I had her smell the same oils and set up the Home diffuser next to her bed site. I also used **Thieves** and **Purification** in the diffuser. She got out of bed in 10 minutes. Her guests and her husband could not believe the miracle, but the one who was surprised the most was my friend Elizabeth. She told everyone that she has spells like that and it takes about 3 days and several pain killers to get out of bed. My 9 year old son witnessed that event and it is his favorite story to tell people we get in contact with.

I am simply grateful that I could help my friend and that I can help hundreds more on a daily basis.

Thank you Gary Young for the miracle in a bottle!

Many Thanks,

**Kate Kowalczyk**

**Instant Results**

**Arlington Heights, IL**



6-15-2011



6-16-2011



6-22-2011

The stories and pictures were submitted for educational purposes. They are not meant to diagnose, treat or prescribe. Always seek support from a health care professional for emergencies and critical care. Individual results will vary.

# Jen Crippen's *Adrenal Fatigue - Right Tests!*



Meet me over on the *Natural Anxiety Therapy's* Facebook page at <http://facebook.com/naturalanxietytherapy>. I want to meet you and hear your stories!!!

Jen holds a B.S. Environmental Science, Licensed Massage Therapist, Reflexologist, Expert Aromatherapy Certification, Neurolink Practitioner, Reiki Master Teacher, MS in Holistic Nutrition and currently serves 10,000 clients.

## **Revised Body Care Naturally**

Newly Updated April 1<sup>st</sup>

*More recipes, new cover, additional pages for toxic chemicals to avoid, transfer buying, what essential oils to use, and many resources for healthy, natural ingredients to make your own lotions, bath soaks, skin care products, baby safe recipes, safe insect repellent and sunscreen with a vitamin D<sup>3</sup> side effect you'll love! Better for your body, your health and your stress!*



6

*Everyone has a different opinion, what should you do?*

One thing's for sure, guessing what your adrenal health is NOT the way to go. So many of the adrenal fatigue symptoms cross over to other imbalances in the body. Nagging problems like fatigue, foggy thinking, poor memory, insomnia, bloating, irritability, and chronic inflammation all can have many causes. Talk about confusing! To mix things up even more, there are 3 primary stages of adrenal fatigue: acute, fatigue, and exhaustion. All of these show up different with testing. Plus, you'd better pray your doctor / health practitioner knows how to interpret your test results properly. Different phases of adrenal trouble require different treatments to help pull you out of the never ending fog.

Whatever you do, DO NOT let your doctor pull your blood for a one time test at 8 am. It is a complete waste of time and money. Adrenal tests measure the hormone cortisol, which changes throughout the day. Taking a one time test is silly, unless you happen have a problem at 8 am. People with adrenal issues can have spikes or crashes in cortisol at any time – not just 8 am. One of the docs I fired ordered an 8 am test, which came back normal. I was in the slippery stage 3 exhaustion, which often looks normal on tests. He was belligerent about taking a functional test that takes multiple samples over the entire day. For another 4 months I suffered with raging anxiety 24/7, tremors, and paralyzing exhaustion. His only answer was to offer me Prozac; no thanks dude!

A few months later I found another doctor who ordered the right test. This test measured my adrenals by taking cortisol samples 4 times a day plus DHEA. The results? Surprise, surprise ... the results showed my cortisol levels were off at all other times of the day except 8 am! At the time I was frustrated because I could have been feeling better 4 months prior – if I'd had the right test to begin with.

So what do you ask your doc/health practitioner for? You need to ask for a test that checks your cortisol rhythm (most likely 12 hours) and DHEA-S. DHEA-S is a metabolite of DHEA and is more reliable than DHEA alone. If you can get an average DHEA-S, that would be fabulous.

Of course if you can check all the other hormones too, go for it. If you haven't had a full hormone panel in a while, it's best to have one so you're not guessing with your supplements (prescribed or otherwise). Plus, funky adrenals mess up other hormones too like melatonin (sleep), testosterone, progesterone, estriol, and estradiol.

To recap, ask for a cortisol 4X and DHEA-S 2X. That means a four sampling of cortisol over 12 hours and two averaged samples of DHEA-S. Capisce? Getting the results of your tests provides radical mental relief. You'll know where you stand. Then, it's time to take action and get your body strong again through diet, rest, supplements, and laughter. Remember, different stages of adrenal problems require different protocols.

The next step? If you don't have one, ask your health care provider for an adrenal test. If he/she has no idea what you're talking about, contact my office at [Support@NaturalAnxietyTherapy.com](mailto:Support@NaturalAnxietyTherapy.com).

Working with your local practitioner is preferred, but some of you live in areas where this isn't possible. I'm not a doctor, but I can coach you through the confusion of rebuilding your adrenals! My clients get results after years of chasing for answers.

# Becoming an Essential Leader

I would love to give credit to the person who coined the phrase, "I don't mind going to work, it's this 8 hour wait to go home that is bull #&\*@!" We have pretty much all felt this way and for those who can no longer say this I say to you, "congratulations!" For many who continue to say it, I have to ask "WHY?" You may not realize but you already possess the two things necessary to carry forth a successful Young Living business: A means of communication and A bottle of YOUNG LIVING essential oil. Any flavor will do.

Now all you have to do is build a team. If you think the armored van will deliver your Young Living check based on your retail sales, you may need to think again. If YOU don't offer to people the opportunity to purchase their oils at wholesale, I can pretty much bet the farm someone else will! To have an amazing Young Living family downline, you need to become the person that everyone wants to follow. How do you do that? Simple! While listening to and reading multiple Dani Johnson training materials, I discovered there is a path to becoming the person that everyone wants to follow. Here is what I discovered:

- 1. K.I.S.S. -** I'm talking about KEEP IT SIMPLE and SINCERE! Don't over complicate things. We are ALL guilty of this one! Which is easier to follow: complicated or easy? See. This business is about showing and enrolling, every single day!
- 2. GET EXCITED!!! GET PASSIONATE!!!** - If you don't get EXCITED people will NOT want what YOU are selling! It is a LAW ...people are attracted to HAPPY, EXCITED people! Get your adrenaline going and THEN have a chat with someone about essential oils. Be AMAZED at the difference in yourself!
- 3. PAY ATTENTION!** - Pay attention to those that have what YOU want! "Birds of a feather FLOCK together!" Surround yourself with those that have achieved the success YOU want to achieve! Surround yourself with those that possess the personality traits that YOU wish to possess! If you want to grow, gain and advance, you MUST surround yourself with those who have grown, gained and advanced! Be careful who you surround yourself with; there are two types of people. "There are those that realize when an opportunity falls into their lap it is a chance to succeed and there are those that see it as a chore to be done"
- 4. QUITTING IS NOT AN OPTION!** - Once you step onto this path, you will quickly enroll others under you. Once you have done that, you have an obligation to them. How many people do you hear say "I'll try it for a few months and see what happens." What if everything in life was viewed this way; marriage, pregnancy, school etc. STAY COMMITTED! You have started this now see it through! The people that have enrolled under you are in search of wellness, show them the way! SUPPORT THEM otherwise they WILL search for someone else who will and then you will have to ask yourself if you are mad at the person who helped them or at yourself for not helping them on this path that YOU introduced them to?
- 5. DON'T PROVOKE OBJECTIONS!** - Talk to people in a manner that does not provoke objections. If you have just spoken to someone about the amazing benefits in the everyday oils collection which close will get you greater results?
  - a. "So, would you like to buy this kit and enroll as a distributor?" or b. "You were really excited about some of these oils; it sounds like a lot of them will work great for your family. Does it make more sense to purchase the entire collection today as a wholesale buyer or just the Thieves and Lavender at retail?"
- 6. FACTS TELL, STORIES SELL!** - Learn testimonies and SHARE THEM! If you are new to essential oils you may not have a lot of testimonies at this point. No worries, the A-Z books are FULL of testimonies from everyday people like you and me!
- 7. KNOW YOUR CAREER!** - I have met and been turned off by those that sell makeup AND food storage AND jewelry AND supplements AND time shares AND AND AND... What that tells me is: "one of these companies alone does not have the ability to support my family". I can't tell you how many people I have met that are ONLY Young Living leaders and THAT is their only venture. THAT speaks volumes



**Melissa Poepping** CNHP, YL Silver Leader

to me. THAT is something I want to follow! How about you? **Make Young Living your CAREER and KNOW your career!**

Are you a professional earning a professional income or are you an amateur that is dabbling? YOU are a PROFESSIONAL with the ability to earn a PROFESSIONAL INCOME!

This does come with responsibility and work. Use the tools and resources available to you. Attend AS MANY Young Living sponsored and private events as possible!

**8. OWN YOUR PASSION! - KNOW the POWER OF CONVICTION!** You MUST live your life in accordance to what YOU believe to be TRUE! I am SO passionate about the power of essential oils, the highest quality supplements and a balanced lifestyle that I will stand my ground and defend it. My path of natural wellness has not come without violent opposition and I am sure you can, or will be able to speak the same. How strongly do you stand behind your passion?

On a scale of 1-10: What is YOUR belief in Young Living products?

What is YOUR belief in Young Living as a company?

What is YOUR belief in Network Marketing companies?

What is YOUR belief in YOUR SUCCESS?

If you didn't answer 10 to all of the above, you need to speak to your sponsor ASAP and if your sponsor can't help you, find their sponsor, or their sponsor. I GUARANTEE YOU if you move up that chain far enough, someone WILL help you ACHIEVE the SUCCESS you are in search of!

**9. REPEAT!** I wish you ALL the best of luck, the MOST AMAZING success and your most PROFOUND journey to ABUNDANCE!

Much Love & Light ~  
Peace, Love & Oils and all  
other things happy! \_Melissa

# ***Young Living 2011 Vitality Convention is less than 2 months away!***

***September 22 - 24th at Florida's Disney World & Coronado Springs Resort.***

***This will be a spectacular event to kick off the new YL format that will be held every other year to address: specific needs, activities, products and education for regions of the world!***

***Register at: [www.youngliving.com/events](http://www.youngliving.com/events) • Housing Connection: 877-505-0688***

## **Faribault, MN**

**Take NOTE:**

**Dave and Star are moving back to Minnesota mid-August!**

**Their new address is:**

**722 Legacy Court**

**Faribault, MN 55021**

## **August Promo**

200 PV and get

**~ FREE! ~**

**Essential 7 Kit**

(\$93 Value!)

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**10% off Awaken**

## **Support from Iowa... Doug Mills**

NEW: Essential Oils 5th Edition Desk References:  
\$64 each or 6 books per box for handling courtesy.  
**\$354.00 (\$59ea)** Includes Shipping - USA Only!

Send Checks to Doug Mills:

Address: 595 Saint Catherine Road

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**Join Star & Doug Mills on Monday night  
Conference calls. Every Monday at 8:00 CDT  
(641) 594-7000 (pin: 1750#)**

The Reference Guide to Essential Oils, by Connie and Alan Higley has been revised and released in a new color edition. Redesigned with a color-code system, more deeply informative for the seasoned professional and now available in HARD COVER. Abundant Health is a great source for books and supplies to grow your Young Living business. Go to: [www.abundanthealth4u.com](http://www.abundanthealth4u.com)

*Essentials for*  
  
*Healthy Living*

***Open Quickly! Share Because You Care!***

***August Promo Details and A-Z Book Order Form!***

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## ***Summer 2011***

***Ecuador Dreams***

***Attractive Leadership***

***Testimonials***

***Rescue: Oils!***

***Adrenal Fatigue***

***Essential Leadership***

